

SAGE COMMUNITY GRANTS PROGRAM 2025–2026

RFA and Guidance

Urban Indian Health Institute (UIHI) is requesting applications to fund chronic disease prevention programs serving urban American Indian and Alaska (AI/AN) communities. Applicants that highlight their health promotion activities addressing traditional vs. commercial tobacco use, diabetes/ prediabetes, high blood pressure, obesity, and oral health through education, prevention, and management will be considered for this funding opportunity.

About UIHI

Established in 2000, UIHI is a Division of the Seattle Indian Health Board (SIHB). The mission of UIHI is to decolonize data for Indigenous people, by Indigenous people. As one of 12 Tribal Epidemiology Centers (TECs) funded by the Indian Health Service (IHS) and a Public Health Authority, UIHI serves the research, evaluation, and data needs of urban AI/AN populations located across the United States (US). The UIHI Community Grants Program provides funding opportunities to support culturally rigorous Indigenous approaches to public health data, disease prevention, health promotion, and infrastructure development. This Request for Applications (RFA) is for our Sage Grant, which is made possible with support from the Centers for Disease Control and Prevention (CDC Grant NU58DP007935). This nationally focused grant opportunity aims to enhance the evidence-base for culturally rigorous chronic disease prevention and public health infrastructure among urban AI/AN communities.

SAGE Grants

The SAGE grant supports AI/AN approaches to chronic disease prevention. As a result, this funding opportunity encourages and elevates the use of AI/AN traditional, cultural, and regional knowledge in chronic disease education, prevention, and management initiatives among urban American Indian/Alaska Native communities. The following topics are priorities:

- Commercial Tobacco Use
- Diabetes/Prediabetes
- High Blood Pressure
- Obesity Prevention and Management (including Physical Activity and Nutrition), and
- Oral Disease

Funding Amount: Up to \$61,670/ year

Funding Period: September 30, 2025–September 29, 2026



Decolonizing data for Indigenous people,
by Indigenous people
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Priority Approaches

Funding may be used for creating new projects or expanding previous projects related to prevention, education, and/or management of chronic diseases such as: commercial tobacco use; diabetes (including prediabetes), high blood pressure, obesity (including physical activity and nutrition), and oral disease. Examples of health promotion and chronic disease prevention, education, and/or management activities include:

- cultural or regional adaptations of chronic disease prevention education program components, curriculums, toolkits, etc.;
- reclaiming traditional knowledge of nutrition and use of first foods;
- promoting access to or use of physical activity and other lifestyle modifications;
- engaging AI/AN youth and/or Elders;
- addressing perceptions and beliefs and promoting traditional values; or
- developing activities that emphasize community-driven planning for chronic disease prevention, education, and/or management such as community needs assessments.

Eligible Organizations

To be eligible for funding under this application, the organization must be one of the following:

- Urban Indian Organizations (UIO) or Title V programs as defined by the Indian Health Service (IHS);
- A member of the [National Urban Indian Family Coalition](#) (NUIFC);
- A not-for-profit urban Indian organization whose leadership and board are made up of a majority of urban Indians, and whose mission is to provide public health services to urban Indians may be eligible to apply on a case-by-case basis.

Important Dates

Friday, December 12, 2025	RFA and Application Materials Released
Friday, December 19, 2025, at 11:00 a.m. PT	Community Grants Program Pre-Application Webinar (REGISTER)
Friday, January 30, 2026, by 11:59 p.m. PT	Funding Application Deadline
Friday, February 20, 2026	Award Notification
Thursday, March 5, 2026 at 11:00 a.m. PT	Grantee Orientation

Background

Chronic diseases are illnesses that last longer than one year and require ongoing medical attention, limit daily activities, or both.¹ Chronic diseases such as heart disease, stroke, and diabetes are among the top ten leading causes of death in the United States.² Many chronic diseases can be avoided by making healthy choices. Smoking, for example, increases your risk of serious health problems. Tobacco cessation, healthy eating behaviors, regular physical activity, and preventive screening tests are some of the best ways to help prevent, delay, or manage chronic diseases.³

As a result of colonization and the loss of traditional ways of life, AI/AN people experience higher rates of chronic diseases when compared with other racial or ethnic groups. AI/ANs have the highest prevalence of Type 2 Diabetes in the United States and are twice as likely as non-Hispanic Whites to have diabetes.⁴ For urban AI/ANs, data from 2010-2014 shows that heart disease was the top cause of mortality.⁵ The prevalence of obesity, a major risk factor for developing diabetes, heart disease, stroke, and other chronic diseases, has also increased dramatically in AI/AN populations over the past 30 years.⁶

Similar trends can also be seen in smoking prevalence, another risk factor for developing chronic diseases. Among urban AI/ANs, 39.4% reported tobacco use within the past month, compared to 27.6% of NHW.⁵ Tobacco cessation can significantly lower the risk of developing chronic diseases related to smoking. Smoking is one of the leading preventable causes of disease and mortality and smoking cessation can improve overall health status and life expectancy at any age.⁷

Selection Process

UIHI takes a (3)-phase holistic approach to review applications received in the Community Grants Program. The UIHI Community Grants Committee, made up of at least three UIHI staff of varying expertise, reviews grant applications for a clear statement of need, cultural innovation, and community responsiveness to chronic disease prevention.

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Phase 1: Pre-screening

The first phase is pre-screening. The applicant's information is reviewed to ensure the applying UIO or urban AI/AN serving non-profit organization meets minimum eligibility requirements (see above).

Note: All applicants must refer to the eligibility criteria listed above and confirm they are eligible to participate prior to submitting the application components.

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Phase 2: In-depth Review

In the second phase, an in-depth review of each applicant's project narrative, annual budget, and workplan is conducted. The committee facilitates a thorough technical

review of all eligible applications and components. Reviewers may ask clarifying questions, request additional information, require small changes, and/or offer recommendations. Applications are reviewed with a fundamental belief that applicants are the experts and therefore most familiar with community needs and solutions.

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Phase 3: Consensus-based Decision-making

In the final phase, UIHI leadership and the review committee meet to talk through the applications and technical reviews. A consensus-based process is used to make final funding decisions. All people involved during this phase must agree on the applicants to be funded.

Some Factors the UIHI Community Grants Review Committee May Consider in Funding Decisions:

- **Geographic diversity:** Is there broad representation from communities located across the US in the funded proposals?
- **Program innovation:** Is the proposal creative, unique, expanding what is possible?
- **Age:** Does the proposal, program, and/or organization serve a wide range of age groups?
- **Collaboration:** Is the program and/or organization committed to collaboration, partnerships, and/or networking to advance urban AI/AN health and well-being?
- **Budget and Work Plan:** Is the budget in alignment with the scope of work and work plan?

Participation Requirement

If selected for the Sage Community Grants Program, recipients must agree to:

- Attend the New Grantee Orientation
- Participate in Technical Assistance and/or Training Meetings
- Participate in Community of Practice Meetings with Grantee Cohort

Funding Restrictions

Some funding restrictions apply to this application. Recipients may not use funds:

- For research
- For clinical care
- To purchase furniture, equipment, or clinic/patient supplies.

Recipients may use funding only for reasonable project purposes such as:

- Personnel
- Travel

- Program supplies and services
- Salaries*

*Salaries are only allowable costs if the salaries are restricted to project activities.

Application Components

The required application materials are located on our website at <https://www.uihi.org/sage-grants/>. Completed application packages require the submission of the following items:

- [Application](#)*
- Work Plan
- Budget Worksheet and Justification

Submission Instructions

Please use this [Electronic Application link](#) to access the electronic application form. You will need to upload your completed work plan and budget as part of this application.

*Applicants with limited online access may request an application form as a word document and email the completed form to Julia Wejchert at cdp@uihi.org with the subject line: **2025-2026 SAGE RFA: <insert agency name>**.

Only one application form is required (online form OR word document).

Sage Community Grants Submission

The deadline to receive applications is **Friday, January 30, 2026, by 11:59 p.m. PT**.

Application Technical Assistance

Applicants may contact Julia Wejchert via phone or email to obtain clarification of RFA application requirements and process. Inquiries may be sent to:

Julia Wejchert
Chronic Disease Prevention Program Manager
Urban Indian Health Institute
CDP@uihi.org | 206-324-9360 ext. 1211

UIHI will host a pre-application webinar on **Friday, December 19, 2025, at 11:00 a.m. PT** ([REGISTER](#)). Participants will receive an overview of the funding opportunity, timelines for application submission and processing, and a question-and-answer session. A recording of the webinar will be available at the [Community Grants](#) webpage or by email request to CDP@uihi.org.

References

1. CDC. About Chronic Diseases. National Center for Chronic Disease Prevention and Health Promotion | Centers for Disease Control and Prevention. Updated April 28, 2021. Accessed June 18, 2021. www.cdc.gov/chronicdisease/about/index.htm
2. Kochanek KD, Xu JQ, Arias E. Mortality in the United States, 2019. NCHS Data Brief, no 395. Hyattsville, MD: National Center for Health Statistics. 2020.
3. CDC. How You Can Prevent Chronic Diseases. National Center for Chronic Disease Prevention and Health Promotion | Centers for Disease Control and Prevention. Updated April 28, 2021. Accessed June 18, 2021. www.cdc.gov/chronicdisease/about/prevent/index.htm
4. CDC. Native Americans with Diabetes. Centers for Disease Control and Prevention. Updated January 10, 2017. Accessed June 18, 2021. www.cdc.gov/vitalsigns/aian-diabetes/index.html
5. Urban Indian Health Institute, Seattle Indian Health Board. (2016). Community Health Profile: National Aggregate of Urban Indian Health Program Service Areas. Seattle, WA: Urban Indian Health Institute.
6. Halpern, Peggy, and Jerry Regier. Obesity and American Indians/Alaska Natives. *USDHHS, Office of the Assistant Secretary for Planning and Evaluation: Washington, DC (2007).*
7. U.S. Department of Health and Human Services. (2020). Smoking cessation: A report of the Surgeon General. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2020. www.hhs.gov/sites/default/files/2020-cessation-sgr-full-report.pdf