

# Resources: COVID-19 and Homeless American Indians and Alaska Natives

## Additional resources for homeless service agencies

### **Interim guidance for homeless shelters.**

Centers for Disease Control and Prevention (2020).

[cdc.gov/coronavirus/2019-ncov/community/homeless-shelters/plan-prepare-respond.html](https://www.cdc.gov/coronavirus/2019-ncov/community/homeless-shelters/plan-prepare-respond.html)

### **COVID-19: Quick tips for what shelters & other homeless programs need to know.**

King County (2019).

[blog.homelessinfo.org/wp-content/uploads/Tips-for-Homeless-Service-Providers-COVID-19-2020-0306.pdf](https://blog.homelessinfo.org/wp-content/uploads/Tips-for-Homeless-Service-Providers-COVID-19-2020-0306.pdf)

### **Guidance for field staff.**

The Los Angeles County Department of Public Health (2020).

[publichealth.lacounty.gov/media/Coronavirus/GuidanceFieldStaff.pdf](https://publichealth.lacounty.gov/media/Coronavirus/GuidanceFieldStaff.pdf)

### **Animals and COVID-19.**

Centers for Disease Control and Prevention (2020).

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/animals.html>

### **Mental health and coping during COVID-19.** CDC (2020).

[cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html](https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html)

### **Reducing stigma.** CDC (2020).

[cdc.gov/coronavirus/2019-ncov/symptoms-testing/reducing-stigma.html](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/reducing-stigma.html)

### **National Suicide Prevention Lifeline**

Toll-Free: 1-800-273-TALK (1-800-273-8255)

Toll-Free (español): 1-888-628-9454

TTY: 1-800-799-4TTY (1-800-799-4889)

Website in English: [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org)

### **SAMHSA's Disaster Distress Helpline**

Toll-Free: 1-800-985-5990 (English and español)

SMS: Text TalkWithUs to 66746

SMS (español): "Hablamos" al 66746 TTY: 1-800-846-8517

Website in English: [disasterdistress.samhsa.gov](https://disasterdistress.samhsa.gov)

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