IF YOU WEAR A FABRIC MASK

✓ Wash your mask every night or as often as possible.
✓ Do not share your mask with anyone.
✓ Do not put a fabric mask on children under 2 years old.
✓ Wash hands before and after putting on your mask.
✓ Do not touch your face when removing your mask.
✓ Mask needs to have several layers of fabric.
✓ If you can't breathe in it, removing a layer may help.
✓ Mask should fit snugly but comfortably.
✓ Smize (Smile with your eyes).

For more resources visit uihi.org/covid