CALIFORNIA TRIBAL EPIDEMIOLOGY CENTER

A REGIONAL GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY UPDATE

GHWIC BACKGROUND

Between 2014-2019, the Centers for Disease Control and Prevention (CDC) invested over \$78 million in chronic disease prevention efforts through the Good Health and Wellness in Indian Country (GHWIC) initiative. With the support of GHWIC funding, eleven Tribal Epidemiology Centers (TECs):

- Coordinate evaluation activities and data collection to highlight the regional work of GHWIC-funded Tribes and Tribal health organizations.
- Provide technical assistance to GHWIC-funded Tribes and Tribal health organizations.
- Enhance cross-sector partnerships and strengthen American Indian and Alaska Native (AI/AN) networks across the service region.



California Tribal Epidemiology Center (CTEC) coordinates GHWIC evaluation in the Indian Health Service (IHS) California Area. CTEC supports chronic disease prevention and management to regional Tribal organizations through:

1. Information Dissemination Across the Community

CTEC conducted key informant interviews with sub-awarded communities to gather information on how the sub-awardees are sharing information with the community. Nine sites participated in key informant interviews and shared the process and methods that they used to share information within their own Tribes and across Tribes.

2. Organizational Capacity Assessments

CTEC administered a survey to sub-awardee community representatives to determine how epidemiology and evaluation capacity has increased in their programs. The survey provided information to CTEC regarding whether sub-awardees had staff experienced in chronic disease prevention, if trainings on chronic disease prevention were provided to staff, and whether staff had the skill sets to complete epidemiology and evaluation tasks.

By the Numbers

29

Trainings on chronic disease prevention, evaluation, and resource development

61

Number of new and enhanced relationships with tribes and tribal programs

119

Alliand Aribal Epidemiology

Individuals supported through capacity-building efforts

Activity Spotlight: Building Public Health Capacity



During Year 4 of GHWIC, CTEC hosted a Data, Evaluation, & Grant Writing training for sub-awardee communities. The training was developed to be culturally specific to these communities with the majority of the presenters coming from the communities where trainings were taking place. Presentations and workshops focused on building capacity and included sessions on survey design, grant writing, collecting and analyzing qualitative and quantitative data, developing community needs assessments, program design and evaluation, and developing logic models. The trainings featured hands-on activities where the sub-awardee communities practiced and applied the skills they learned in the trainings.

When CTEC's GHWIC staff conducted site visits to administer a capacity building survey and to conduct key informant interviews with the sub-awardees, the leads spoke about how the Data, Evaluation, & Grant Writing trainings were helpful in the work they were doing with their programs. A few of the leads recommended having the trainings more frequently and to provide more opportunities to increase their capacity building skills on epidemiology and program evaluation. Being trained on epidemiology and program evaluation helps the sub-awardees become more self-reliant, they empower their own staff and communities with knowledge and skills, and they will continue to support their programs, while serving their communities. In order to meet the demand for more trainings on epidemiology and program evaluation, CTEC provided additional training through webinars as well as on-site regional trainings.

