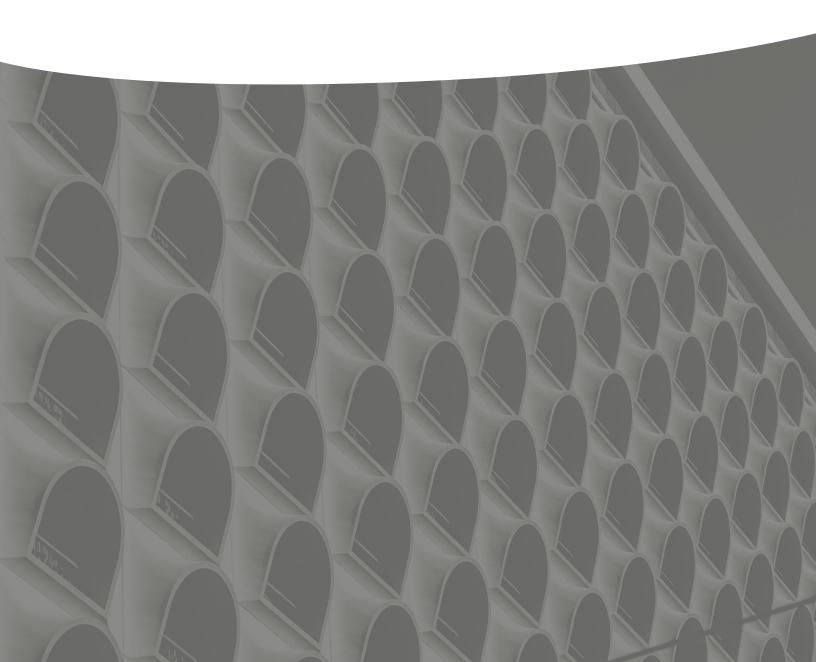
Community Health Profile

Individual Site Report | Pierre UIHP Service Area August 2017





The mission of the UIHI is to support the health and well-being of urban Indian communities through information, scientific inquiry, and technology.







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URBAN INDIAN HEALTH PROGRAMS

Urban Indian Health Programs (UIHPs) are private, non-profit corporations that serve American Indian and Alaska Native (AI/AN) people in select cities with a range of health and social services from outreach and referral to full ambulatory care.

UIHPs are a network of 32 independent health agencies funded in part under Subchapter IV (formerly Title V) of the Indian Health Care Improvement Act and receive limited grants and contracts from the federal Indian Health Service (IHS). UIHPs are located in 18 states and serve individuals in approximately 100 U.S. counties where over 1.2 million Al/ANs reside. In addition, there are numerous social service and faith based organizations serving the public health needs of urban Al/ANs.

UIHPs provide traditional health care services, cultural activities, and a culturally appropriate place for urban Al/ANs to receive health care. Comprehensive clinics provide direct primary care for at least 40 hours per week, Limited clinics provide direct primary care services for under 40 hours per week, and Outreach and Referral sites do not provide direct care services on site but refer patients to external health care providers. The map below identifies these sites, some of whom have multiple clinic locations. It does not include Al/AN social service or faith based agencies.



For more information on individual Urban Indian Health Programs, visit http://www.uihi.org/urban-indian-health-organization-profiles/.

INTRODUCTION AND PURPOSE

Introduction

This community health profile provides an overview of the health status of AI/ANs living in select urban counties served by the South Dakota Urban Indian Health, Inc. (SDUIH), which is one of 32 Subchapter IV UIHPs across the country. The counties analyzed in this report are defined as Brown County, Hughes County, Minnehaha County and Stanley County by IHS. This report will refer to the service area the Pierre service area and the South Dakota Urban Indian Health. Inc. interchangeably. This document presents data specific to demographics, social determinants of health, mortality, and maternal and child health. The data used is from national data sources and in no way uses patient data from SDUIH. The profile examines and addresses the disparities that exist among the urban AI/AN population compared to the non-Hispanic White (NHW) population and demonstrates the disproportionality in outcomes and risk factors that adversely affect them. Data for this profile comes from the U.S. Census, the American Community Survey, and the U.S. Center for Health Statistics.

Not all issues important to the health of urban AI/AN communities are included in this report. Locally collected data may provide additional information about the health of AI/ANs living in the Pierre service area. Data presented in this report may be most useful when combined with aggregate data, stories about patients and community members, and local surveillance or survey data when available.

Purpose

Improving community health through effective planning and decision-making requires good information about the factors that influence the health status of community members.² The following examples suggest possible ways to use the data from this report. UIHI is available to provide technical assistance on how to use the following data.

Program Planning

Data in this report can be used by UIHPs to identify health priorities, allocate resources, and guide the development of new programs.

Grant Writing

Data and figures in this report may be useful to include as background information for grant applications. This information can illustrate existing health disparities in the AI/AN population compared to NHW. This report can also be cited as the reference.

Identifying Gaps in Data

This report may also reveal current gaps in nationally collected data. For example, notably low mortality rates may indicate the need for improvements to race determination in death records. State and regional linkage projects can help correctly classify Al/ANs in state death records.³ Oversampling Al/ANs in national surveys is another way to improve data collection by providing sufficient statistical power to provide more stable estimates.



METHODOLOGY

Methods

Analysis

The data for this report only includes information from Brown County, Hughes County, Minnehaha County and Stanley County residents. For each indicator, prevalence or incidence was calculated for the AI/AN population and compared with the NHW population. Because NHWs are the racial/ethnic majority, this population was chosen as the comparison group. The Al/AN population was defined as Al/AN only (not in combination with other races) unless otherwise indicated. The NHW population was defined as White only and excluded the Hispanic population unless otherwise indicated. Results were calculated using aggregate data from a two- to five-year time-period in order to have sufficient data to provide stable estimates and protect individual privacy.

In some instances, confidence intervals were calculated and used to show differences in outcomes for specific indicators displayed in bar graphs. Confidence intervals are ranges of numbers used to assess the accuracy of a point estimate and measure the variability in the data. The point estimate may be a rate, such as a death rate or an infectious disease rate, or a frequency, such as the percent of individuals living in poverty or the percent of adults experiencing unemployment. Confidence intervals account for the uncertainty that arises from the natural variation inherent in the world around us. Confidence intervals also account for the

difference between a sample from a population and the population itself.

For analyses included in this report, confidence intervals were calculated at a p-value of <0.05, the 95 percent confidence level. This means that 95 times out of 100 the confidence interval captures the true value for the population. Differences in outcomes were called statistically significant if confidence intervals of the study group (Al/AN), did not overlap with the comparison group (NHW).

Data analysis for indicators were analyzed using the statistical software StataSE version 13 or SAS version 9.4.

Indicator Selection

A list of indicators for the community health profile were selected after an analysis of the available data sources. Sample size and stratification of each population based on demographics, such as age groups, gender, and education, were considered and used if the sample size was sufficient.

This profile uses national surveillance data. This report does not pull data from the client database of the SDUIH or any other urban AI/AN serving organization in the area. There may be information not captured by these systems that better represent the unique strengths and challenges in communities served by SDUIH. Local sources of data may provide a more region-specific and comprehensive understanding of the community's health.

METHODOLOGY

Data Limitations

The contents of this report are specific to national surveillance data for Brown County, Hughes County, Minnehaha County and Stanley County only.

Although data analysis and assessment of results were conducted for 42 indicators, data limitations were observed and experienced during the selection of these indicators and their analyses for this report. In some instances, the number of cases/sample size was limited, thus impacting the analysis and preventing or limiting the reporting of results. This includes the mortality data, where the figures only represent data from Brown County & Hughes County & Minnehaha County, due to sample size restrictions. Frequently, data was only available for AI/ANs alone and was not inclusive of Al/ANs who also identify with another race or ethnicity. Thus, the estimates provided in this report may be an underestimation of the true value of the outcome or risk factor for any indicator analyzed in this report.

Another factor affecting and limiting the analysis of data are errors in racial misclassification, particularly for demographic and mortality data. Racial misclassification is defined as incorrect coding of an individual's race or ethnicity in public records.⁴ This can greatly underestimate the true rate of disease, risk factor, or outcome. Al/ANs are especially likely to experience problems of incorrect classification on death certificates; therefore, true mortality rates among Al/ANs are assumed to be higher than reported numbers suggest. Because mortality data are extracted

from death certificates, the race/ethnicity category is not self-reported and is often completed by a funeral director based on information received from a family member or personal observation. In a national sample, age-adjusted mortality for Al/ANs was underestimated by 9.7%.³ The bias created by misclassification varies by age, proximity to a reservation, and cause-of-death.⁵ Based on documented racial misclassification of Al/ANs in surveillance data, any of the health disparities presented in this community health profile are assumed to be larger than reported.

Lastly, we would like to acknowledge the presence of other gender identities outside of male and female categories including Two-Spirit and transgender identities which are systemically ignored and not included in these larger national surveillance systems.⁶ The lack of these other categories for gender can lead to invisibility and lack of information to support the health and wellbeing of people outside of binary gender identities, thus limiting our data analysis.

DATA SOURCES

Data Sources

2010 U.S. Census

The U.S. Census takes place every 10 years and provides official population counts for individuals living in the United States and provides information by age, race, Hispanic origin, and sex. In 2010, the U.S. Census allowed individuals to self-report belonging to more than one race group. When determining a population count, this report considers people to be of Al/AN race if they report Al/AN as their only race or if they report being Al/AN in combination with other races. Some Census statistics are not easily accessible when including individuals who report multiple races. For these indicators in the profile, only individuals who report Al/AN alone are included.

For more information about the U.S. census, visit: www.census.gov.

American Community Survey

The American Community Survey (ACS) is a nationwide, continuous survey that collects demographic, housing, social, and economic data every year. To provide reliable estimates for small counties, neighborhoods, and population groups, the ACS provides 1-, 3-, and 5-year aggregate estimates. Estimates for this report are from aggregated data from 2010-2014.

Race is self-reported on ACS, with similar race categories as the U.S. Census. However, some ACS data are not easily accessible for multiple race groups. Therefore, ACS data are reported for

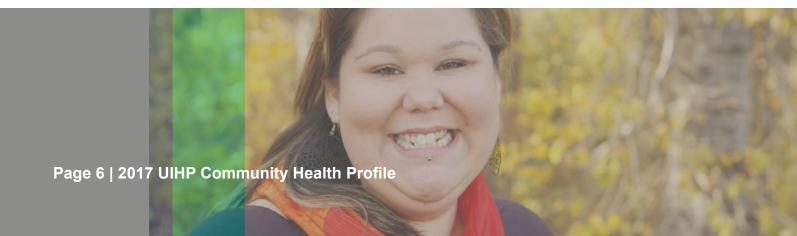
Al/AN alone in this report. ACS estimates in this profile are not adjusted for age; observed differences in estimates may be due to a true difference in rates or due to differences in age distribution in the population.

For more information about the ACS, visit: www.census.gov/acs.

National Vital Statistics System

Mortality data from the National Vital Statistics System (NVSS) is generated from death certificates. This data is the primary source of demographic, geographic, and cause-of-death information among persons dying in a given year. The five most recent years for which complete mortality data was available was from 2010-2014. The five most recent years for which complete infant mortality data was available was from 2008-2012. Maternal mortality was only available from aggregated data from 2010 to 2012. All mortality data are age-adjusted to the U.S. population for the year 2000. Age-adjusted death rates are useful when comparing different populations because they remove the potential bias that can occur when comparing populations with different age distributions. For example, AI/ANs historically are a younger population than other race groups.

Birth certificate data from NVSS data files include all documented births occurring within the United States as filed in each state. These data include demographic information about parents, information on the infant, the mother's risk factors,



DATA SOURCES

and information on the birth. The five most recent years for which complete natality data was available was from 2008-2012.

Since not all states allow individuals to identify as more than one race, National Center for Health Statistics (NCHS) releases bridged-race population estimates for calculation of rates. As a result, estimates in this report may not match local and county estimates because of differing projection methods.

For more information about Vital Statistics, visit: http://www.cdc.gov/nchs/nvss.html.

Introduction

The health of individuals and populations is greatly influenced by social determinants – the conditions in which people live, learn, work, and play.^{7,8} Evidence from decades of research on the relationship between key social determinants and health outcomes overwhelmingly suggests that greater social disadvantage leads to poorer health.⁹ These determinants, including race, lack of access to education or employment, poverty, and housing, among other things, produce extensive inequities within and between populations.^{7,8} This section presents data on measures of demographics and social determinants of health to illustrate differences between urban Al/ANs and NHWs that may contribute to overall health inequities between these populations.

Age and Gender

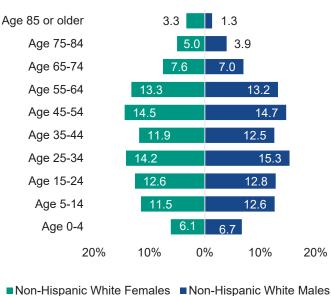
Relative to the NHW population, the Al/AN population in Pierre service areas was younger (Figure 1 and Figure 2). In all Pierre service areas combined, 50.0% of Al/ANs were under the age of 25 years, compared with 31.2% of NHWs. In contrast, 4.3% of Al/ANs were over the age of 65 years, compared with 14.1% of NHWs.

Figure 1. Al/AN Population by Age and Gender, Pierre Service Area, 2010-2014

Age 85 or older 0.5 0.5 1.2 0.9 Age 75-84 Age 65-74 1.3 Age 55-64 7.0 Age 45-54 Age 35-44 14.7 Age 25-34 17.4 18.3 Age 15-24 16.9 18.1 Age 5-14 18.6 Age 0-4 13.7 30% 20% 10% 10% 20% 30% ■ AI/AN Females ■ AI/AN Males

Source: American Community Survey, 2010-2014

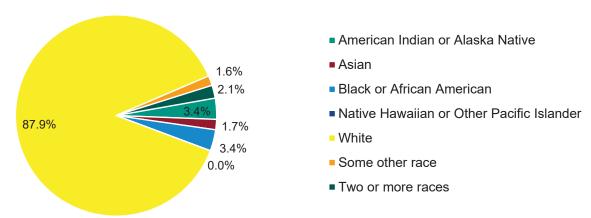
Figure 2. NHW Population by Age and Gender, Pierre Service Area, 2010-2014



Race

As shown in Figure 3, an estimated 7,921 (3.4%) individuals identified as Al/AN alone in all Pierre service areas combined, and an estimated 10,075 (4.3%) individuals identified as Al/AN alone or in combination with one or more races (data not shown). Those who identified as White alone comprised the largest proportion (approximately 88%) of the total population (233,905) in Pierre service areas. In addition, Black and African Americans were the two next largest populations identified in Pierre service areas, consisting of 7,952 individuals or 3.4% of the total population.

Figure 3. Population by Race, Pierre Service Area, 2010-2014

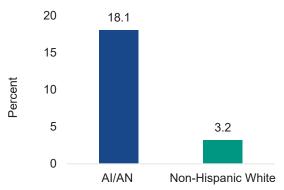


Source: American Community Survey, 2010-2014

Employment

Extensive evidence has shown that unemployment has a negative effect on health. ¹⁰ Unemployed individuals may experience financial insecurity and reduction in social status, social relations, and self-esteem. ¹¹ In addition, unemployed individuals are also more likely to lack health insurance coverage. ¹² In all Pierre service areas combined, Al/ANs aged 16 and older experienced unemployment over 5.7 times more in proportion than NHWs (18.1% vs. 3.2%; Figure 4). These proportions do not include individuals in the military or individuals who are institutionalized.

Figure 4. Civilian Labor Force 16 Years and Older, Pierre Service Area, 2010-2014



Poverty

Poverty and health are inextricably connected.¹³ Poverty may lead to poor health outcomes by limiting access to healthy foods, quality housing, safe neighborhoods, and adequate health care, among other things. Poverty can also impact many aspects of a child's health and well-being. Children in poverty have lower academic achievement and higher rates of high school dropout, accidents, injuries, and food insecurity compared with their more affluent peers. Living in poverty as a child likely affects health throughout a person's lifespan.¹⁴ The American Community Survey defines individuals and families as being in poverty if their income is less than their poverty threshold (less than 100% of the federal poverty level).¹⁵

In all Pierre service areas combined, half of Al/AN individuals lived in poverty (50.5%; Figure 5), compared to approximately one tenth of NHWs (8.0%). More than half of Al/AN children aged 17 and under (55.4%) in all Pierre service areas combined lived in households with an income below the federal poverty level. This proportion is 7.1 times that of the NHW population (7.8%). In addition, nearly half Al/AN families in all Pierre service areas combined (47.7%) lived in households with an income below the federal poverty level. This is 9.2 times the proportion among NHWs (5.2%). The proportion of Al/AN families living in poverty with single mother headed households (81.5%) is nearly 5.1 times the proportion of comparable NHWs (16.1%).

Figure 5. Income Below the Federal Poverty Level in Past Year, Pierre Service Area, 2010-2014



Source: American Community Survey, 2010-2014

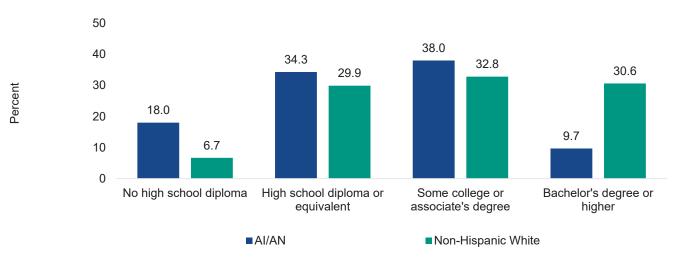
Data note: Federal poverty thresholds are used to determine poverty status. The thresholds are based on family size and the ages of family members. Federal poverty thresholds are not intended as a comprehensive description of families' needs, but rather as a statistical indicator that can be tracked over time.



Educational Attainment

The relationship between education and health, or the "health-education gradient," is well documented. Significant disparities in life expectancy by level of education are found among all demographic groups and are arguably increasing over time. In all Pierre service areas combined, a higher percentage of Al/ANs aged 25 and older had not completed high school or passed the General Educational Development (GED) exam (18.0%; Figure 6) compared with the NHW population (6.7%). A lower percentage of Al/ANs (9.7%) reported an undergraduate or graduate degree as their highest level of education compared with the NHW population (30.6%).

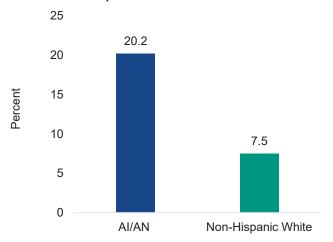
Figure 6. Educational Attainment for the Population 25 Years and Older, Pierre Service Area, 2010-2014



Health Insurance Coverage

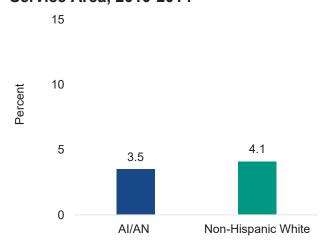
Compared to those with health insurance coverage, those without health insurance coverage have higher mortality rates. ¹⁸ Individuals without health insurance are also less likely to receive care and take longer to return to health after an unintentional injury or the onset of a chronic disease compared to those with health insurance. ¹⁹ In all Pierre service areas combined, one in five Al/ANs under age 65 (20.2%) reported having no health insurance, a 2.7 times higher than that of NHWs (7.5%; Figure 7). The proportion of uninsured Al/AN children under the age of 18 in all Pierre service areas was 14.6% lower than the rate of NHW children (3.5% vs. 4.1%, Figure 8).

Figure 7. Population Under 65 with No Health Insurance Coverage, Pierre Service Area, 2010-2014



Source: American Community Survey, 2010-2014

Figure 8. Population Under 18 with No Health Insurance Coverage, Pierre Service Area, 2010-2014



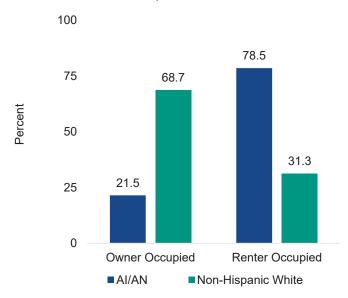


Housing

Housing and health are also closely linked. Several studies have found that home ownership is associated with many health benefits, including greater psychosocial wellbeing and lower mortality risk. These benefits may be explained by the fact that homeowners likely experience higher socioeconomic status, fewer problems of overcrowding, and lower exposure to neighborhood violence. In contrast, renters are more likely to experience poorer self-reported health, increased coronary heart disease, and more risk factors, such as smoking.²⁰

In all Pierre service areas combined, the proportion of renter occupation among Al/ANs was 2.5 times higher than NHWs (78.5% vs. 31.3%, Figure 9). Over three quarters of all homes of Al/ANs were renter occupied, compared with approximately one-third of homes for NHWs. In contrast, the rate of home ownership among NHWs in all Pierre service areas combined was approximately 3.2 times higher than among Al/ANs (68.7% vs. 21.5%). Less than one quarter of all homes of Al/ANs were owner occupied, compared with over two-thirds of homes for NHWs.

Figure 9. Type of Occupied Housing Units, Pierre Service Area, 2010-2014



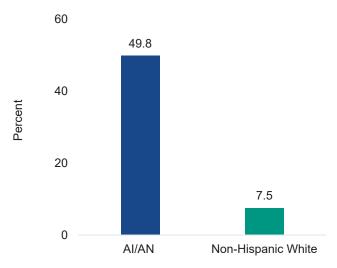


Food Stamps

As the largest food assistance program in the United States, the Supplemental Nutrition Assistance Program (SNAP; formally known as the federal Food Stamp program) is a crucial part of the social safety net.21 Households with an income below 130% of the federal poverty level are eligible to receive SNAP benefits. According to a study done by the U.S. Department of Agriculture, which administers the SNAP program, 55% of households receiving SNAP benefits remained food insecure after receiving SNAP.²² Moreover, children in households that receive SNAP benefits are more likely to suffer from an array of health problems than those in households that do not receive SNAP.21

In all Pierre service areas combined, one half of Al/AN households received SNAP benefits in the past year (Figure 10). The proportion of Al/AN participating in SNAP in these areas was 6.6 times higher than the proportion of NHW.

Figure 10. Households that Received SNAP Benefits in the Past Year, Pierre Service Area, 2010-2014





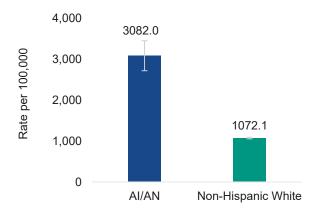
Introduction

Mortality data provides an indication of a community's or population's health and socioeconomic development status. Mortality data are also a key component in understanding population size, future growth, and change. Examining mortality data is one way to measure the burden of disease in a community or population. Tracking death rates may identify groups that are at an increased risk for premature death and may identify specific diagnoses resulting in death that are more prevalent in certain populations. In addition, high mortality rates may indicate an issue with environmental factors, communicable diseases, risk factors, and/or socioeconomic factors. This section examines ageadjusted mortality by race, gender, age groups, and specific causes of mortality. It is important to note that racial misclassification leads to an underestimation of mortality rates in Al/AN populations.²³ True mortality rates among Al/ANs in Pierre service areas are assumed to be higher than the rates described for this section.

All-Cause Mortality Rate

The all-cause mortality rate was 2.9 times higher for Al/ANs than for NHWs (Figure 11).

Figure 11. All-Cause Mortality Rate, Pierre Service Area, 2010-2014

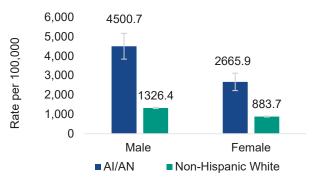


Source: US Center for Health Statistics, Death Certificates, 2010-2014

Mortality Rate by Gender

The mortality rates for both AI/AN males and females were higher compared to their NHW counterparts. Mortality rates for AI/AN men was 3.4 times higher than NHW men, and 3.0 times higher for AI/AN women compared to NHW women (Figure 12). In addition, the mortality rate for AI/AN women was 1.7 times higher than AI/AN men.

Figure 12. Mortality Rate by Gender, Pierre Service Area, 2010-2014



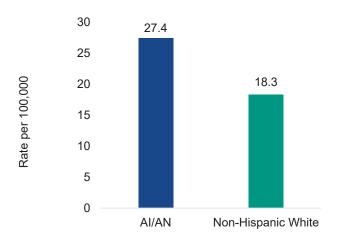
Source: US Center for Health Statistics, Death Certificates, 2010-2014



Suicide

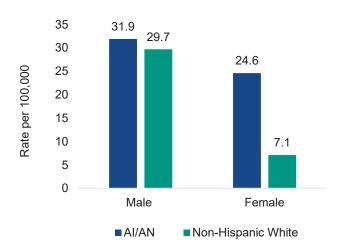
The suicide rate for NHWs was 1.5 times higher than for Al/ANs (Figure 13). In addition, the suicide rate by gender was significantly higher for both Al/AN men and women compared to NHW men and women at 7.4% and 24.6% higher respectively (Figure 14). When comparing suicide rate among Al/ANs, the rate for males was 1.3 times higher than females.

Figure 13. Overall Suicide Rate, Pierre Service Area, 2010-2014



Source: US Center for Health Statistics, Death Certificates, 2010-2014

Figure 14. Suicide Rate by Gender, Pierre Service Area, 2010-2014

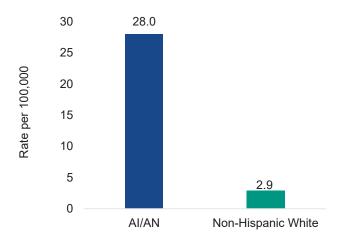


Source: US Center for Health Statistics, Death Certificates, 2010-2014

Homicide

Homicides rates were 9.7 times higher for the Al/AN population compared to the NHW population (Figure 15). The Al/AN homicide rate was 28.0 per 100,000, significantly higher than the NHW rate of 2.8 deaths per 100,000.

Figure 15. Overall Homicide Rate, Pierre Service Area, 2010-2014



Source: US Center for Health Statistics, Death Certificates, 2010-2014



Top Causes of Mortality

Table 1. Overall Top Causes of Mortality, Pierre Service Area, 2010-2014

AI/AN			NHW		
Rank	Cause	Rate (per 100,000)	Rank	Cause	Rate (per 100,000)
1	Vascular disease	2,673.7	1	Vascular disease	595.7
2	Cancer	973.9	2	Cancer	573.0
3	Diabetes	639.3	3	Chronic lower respiratory disease	122.0
4	Chronic liver disease and cirrhosis	378.5	4	Alzheimer's disease	85.4
5	Chronic lower respiratory disease	255.3	5	Diabetes	55.5

Source: US Center for Health Statistics, Death Certificates, 2010-2014

Table 1 summarizes the top causes of mortality for both AI/AN and NHW.

Table 2. Top Male Causes of Mortality, Pierre Service Area, 2010-2014

Al/AN Males			NHW Males		
Rank	Cause	Rate (per 100,000)	Rank	Cause	Rate (per 100,000)
1	Cancer	1,011.3	1	Vascular disease	375.2
2	Vascular disease	628.2	2	Cancer	343.9
3	Chronic liver disease and cirrhosis	256.9	3	Chronic lower respiratory disease	91.2
4	Diabetes	237.4	4	Alzheimer's disease	37.7
5	Motor vehicle accidents	144.2	5	Diabetes	30.5

Source: US Center for Health Statistics, Death Certificates, 2010-2014

Table 2 summarizes the top causes of mortality for both AI/AN and NHW men.



Table 3. Top Female Causes of Mortality, Pierre Service Area, 2010-2014

Al/AN Female			NHW Females		
Rank	Cause	Rate (per 100,000)	Rank	Cause	Rate (per 100,000)
1	Vascular disease	709.0	1	Vascular disease	231.6
2	Cancer	378.5	2	Cancer	220.3
3	Diabetes	302.9	3	Chronic lower respiratory disease	56.0
4	Chronic lower respiratory disease	162.2	4	Alzheimer's disease	50.9
5	Chronic liver disease and cirrhosis	157.3	5	Diabetes	23.0

Source: US Center for Health Statistics, Death Certificates, 2010-2014

Table 3 summarizes the top causes of mortality for both AI/AN and NHW women.

Cancer Mortality

Table 4. Overall Top Causes of Cancer Mortality, Pierre Service Area, 2010-2014

AI/AN			NHW		
Rank	Cause	Rate (per 100,000)	Rank	Cause	Rate (per 100,000)
1	Tracheal/Bronchus/ Lung cancer	489.8	1	Tracheal/Bronchus/ Lung cancer	148.7
2	Colon cancer	100.2	2	Colon cancer	53.5
3	Non-Hodgkin's Lymphoma	50.1	3	Breast cancer	39.3
4	Stomach cancer	42.7	4	Bladder cancer	35.7
5	Prostate cancer	42.2	5	Leukemia	34.9

Source: US Center for Health Statistics, Death Certificates, 2010-2014

Table 4 summarizes the top causes of cancer mortality for both AI/AN and NHW people.



Table 5. Top Male Causes of Cancer Mortality, Pierre Service Area, 2010-2014

AI/AN Males			NHW Males		
Rank	Cause	Rate (per 100,000)	Rank	Cause	Rate (per 100,000)
1	Tracheal/Bronchus/ Lung cancer	360.2	1	Tracheal/Bronchus/ Lung cancer	97.8
2	Prostate cancer	219.5	2	Colon cancer	35.1
3	Non-Hodgkin's Lymphoma	66.9	3	Prostate cancer	26.3
4	Bladder cancer	9.8	4	Bladder cancer	25.1
5	Colon cancer	7.4	5	Leukemia	23.5

Source: US Center for Health Statistics, Death Certificates, 2010-2014

Table 5 summarizes the top causes of cancer mortality for both AI/AN and NHW men.

Table 6. Top Female Causes of Cancer Mortality, Pierre Service Area, 2010-2014

Al/AN Females			NHW Females		
Rank	Cause	Rate (per 100,000)	Rank	Cause	Rate (per 100,000)
1	Tracheal/Bronchus/ Lung cancer	136.2	1	Tracheal/Bronchus/ Lung cancer	57.2
2	Colon cancer	92.8	2	Breast cancer	34.1
3	Stomach cancer	42.7	3	Cervical cancer	19.8
4	Leukemia	22.4	4	Colon cancer	18.3
4	Breast cancer	22.4	5	Pancreatic cancer	13.0

Source: US Center for Health Statistics, Death Certificates, 2010-2014

Table 6 summarizes the top causes of cancer mortality for both AI/AN and NHW women.



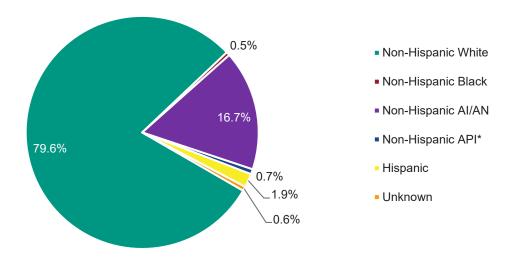
Introduction

Maternal and child health (MCH) is the foundation for healthy children, mothers, and families. Monitoring indicators such as maternal smoking, gestational diabetes, prenatal care, and premature births can help SDUIH make decisions regarding programs that impact pregnant mothers, newborns, and infants. This section of the community health profile focuses on key indicators for MCH. The data can be used to further examine why these disparities exist and consider programs to eliminate these health disparities.

Total Births

From 2008 to 2012, there were a total of 5,802 births in Pierre service areas. Among those births, 16.7% were identified as non-Hispanic Al/AN alone (Figure 16). The largest proportion of births among racial/ethnic groups was NHW (79.6%).

Figure 16. Births by Race/Ethnicity, Pierre Service Area, 2008-2012



^{*}API-Asian/Pacific Islander

Age

In general, Al/AN women tend to give birth at younger ages than their NHW counterparts (Figure 17). 17.7% of births among Al/AN women in Pierre service areas were to teenage women (less than 19 years of age) compared to 5.3% of NHW births. The proportion of child births to Al/AN teenagers was 3.3 times more than among NHW teenagers. In addition, 63.5% of all births among Al/AN women were to women in their 20s, compared to 59.7% among NHWs. Conversely, the proportion of child births to NHW women in their 30s and 40s was higher compared to Al/AN women. 32.8% of all births among NHWs were to women in their 30s, whereas 18.1% of births among Al/AN were to women in their 30s.

70 59.7 60 50 40 32.8 30 18.1 17.7 20 5.3 10 2.2 0.6 0 19 years or less 20-29 years 30-39 years 40 plus years ■AI/AN ■ Non-Hispanic White

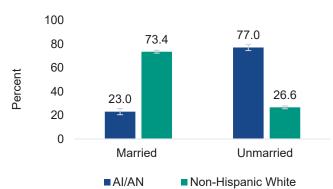
Figure 17. Births by Maternal Age Group, Pierre Service Area, 2008-2012

Source: National Vital Statistics, Birth Certificates, 2008-2012

Marital Status

Of all births to Al/ANs in Pierre service areas, 23.0% were to women who were married and 77.0% were to women who were not married (Figure 18). This was significantly different to NHWs, where 73.4% of births were to married mothers, and 26.6% were to unmarried mothers. The proportion of births to unmarried women was 2.9 times higher in Al/AN compared to their NHW counterparts.

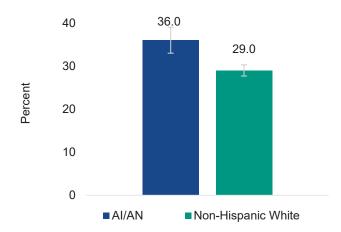
Figure 18. Births by Marital Status, Pierre Service Area, 2008-2012



Cesarean Section

In Pierre service areas, 29% of births were delivered by cesarean section among NHW females. This was significantly lower than the proportion of deliveries by cesarean section among Al/AN births (36.0%, Figure 19).

Figure 19. Births by Cesarean Section, Pierre Service Area, 2008-2012

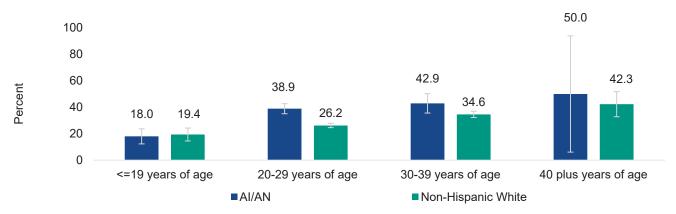


Source: National Vital Statistics, Birth Certificates, 2008-2012

Cesarean Section by Maternal Age

The proportion of cesarean deliveries increased as maternal age increased for NHW women (Figure 20). Among age groups, only 20-29 year olds showed a significant difference in cesarean sections between races. The proportion of cesarean sections for Al/AN women was 1.5 times the proportion of cesarean sections for NHW women.

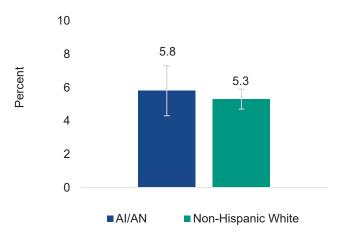
Figure 20. Cesarean Sections by Maternal Age Group, Pierre Service Area, 2008-2012



Gestational Diabetes

5.8% of Al/AN births in Pierre service areas were to women who were diagnosed with gestational diabetes during their pregnancy (Figure 21). This proportion was similar to NHW women, where 5.3% of women giving birth were diagnosed with gestational diabetes.

Figure 21. Gestational Diabetes, Pierre Service Area, 2008-2012

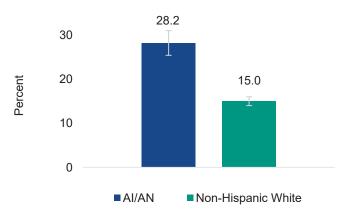


Source: National Vital Statistics, Birth Certificates, 2008-2012

Maternal Smoking

In Pierre service areas, 28.2% of Al/AN women smoked while pregnant, compared to 15.0% NHW women (Figure 22). The proportion of Al/AN women who were smoking while pregnant was 1.9 times higher compared to NHW women.

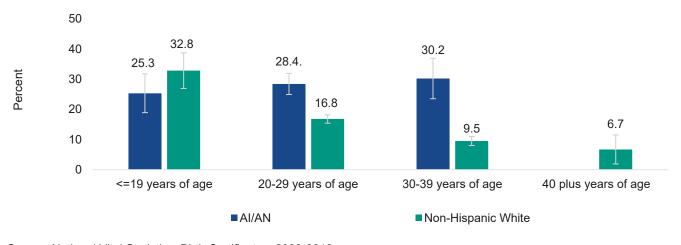
Figure 22. Maternal Smoking, Pierre Service Area, 2008-2012



Smoking by Maternal Age

Maternal smoking decreased as maternal age increased for NHW women; however, maternal smoking stayed relatively consistent across maternal age for Al/AN women (Figure 23). In addition, maternal smoking was significantly higher among Al/AN women in their 20s & 30s compared to NHW women.

Figure 23. Maternal Smoking by Age Group, Pierre Service Area, 2008-2012



Prenatal Care

Prenatal care refers to the medical attention received by women before or during their pregnancy, specifically addressing the mother's well-being during her pregnancy and caring for the development of her baby. The goal of prenatal care is to detect potential problems early on in the pregnancy and to prevent potential complications. Early prenatal care is a significant component in ensuring a good pregnancy outcome and it is recommended for women to begin prenatal care during the first trimester. Women who receive late or no prenatal care are at risk for having undetected complications during their pregnancy that can result in severe maternal morbidity and mortality, and serious consequences to the unborn infant including low birth weight, premature birth, morbidity and mortality.²⁴

Among pregnant women in the Pierre service areas, 49.1% of Al/AN women began prenatal care in the first trimester compared to 75.3% of NHW women, a significant difference (Figure 24). The proportion of NHW women beginning prenatal care in the first trimester was 1.5 times higher compared to Al/AN women. In addition, approximately 12.9% of Al/AN pregnant women began prenatal care in the third trimester or did not receive any prenatal care during their pregnancy compared to approximately 2.6% of NHW pregnant women. The proportion of Al/AN women beginning prenatal care in the third trimester or not receiving any prenatal care during pregnancy was 5 times higher relative to NHW women.

100 75.3 80 60 49.1 38.0 40 22.1 20 12.0 2.4 0.9 0.2 0 First trimester Second trimester Third trimester No prenatal care AI/AN ■ Non-Hispanic White

Figure 24. Prenatal Care by Trimester, Pierre Service Area, 2008-2012

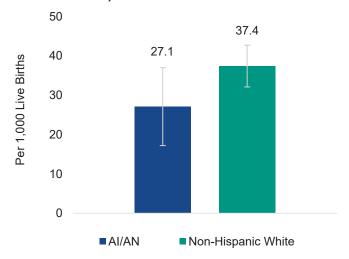


Infant Mortality

Infant mortality is a useful indicator for the level of health in a community. It is defined as the number of deaths of infants younger than one year of age per 1,000 live births for a given time-period. Infant mortality is related to the underlying health of the mother, public health practices, socioeconomic conditions, and the availability and use of appropriate health care for infants and pregnant women.²⁵ Two thirds of infant deaths occur in the first month after birth and are primarily due to health problems of the infant or the pregnancy, such as preterm delivery or birth defects. Infant deaths occurring after the first month are influenced greatly by social or environmental factors, such as exposure to cigarette smoke or problems with access to health care.25

The infant mortality for Al/ANs in Pierre service areas was 27.1 per 1,000 live births (Figure 25). This was significantly lower than the infant mortality rate for NHWs (37.4 per 1,000 live births.) Comparatively, NHW infants had 38.0% higher rates of mortality within their first year of life than Al/AN infants.

Figure 25. Infant Mortality Rate, Pierre Service Area, 2008-2012



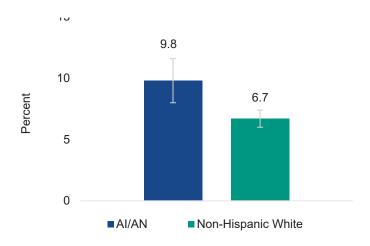


Premature Births

A premature birth is defined as childbirth occurring earlier than 37 completed weeks of pregnancy. In Pierre service areas, approximately 6.7% of all infants born to NHW women were born prematurely, which is significantly lower than all infants born prematurely to Al/AN women at 9.8% (Figure 26). Additionally, pregnant Al/AN women had 1.5 times higher rates of premature births compared to NHW women.

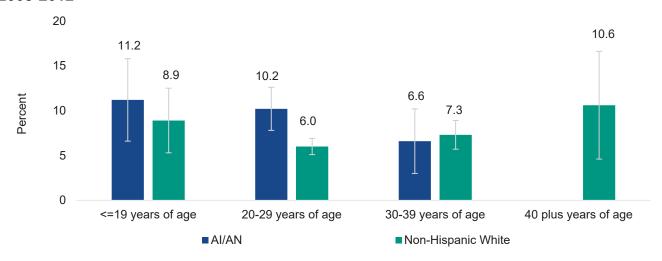
The rate of premature births was relatively consistent across maternal age for both NHWs and Al/AN women (Figure 27).

Figure 26. Premature Births (<37 weeks), Pierre Service Area, 2008-2012



Source: National Vital Statistics, Birth Certificates, 2008-2012

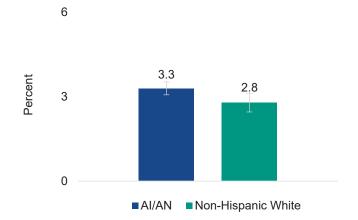
Figure 27. Premature Births (<37 weeks) by Maternal Age Group, Pierre Service Area, 2008-2012



Low Birth Weight

Low birth weight is defined as less than 2,500 grams (5.5 pounds).²⁷ In Pierre service areas, 3.3% of all infants born to Al/AN women were low birth weight, which is similar to the proportion of low birth weight infants born to NHW women (Figure 28).

Figure 28. Low Birth Weight (<2,500 g), Pierre Service Area, 2008-2012



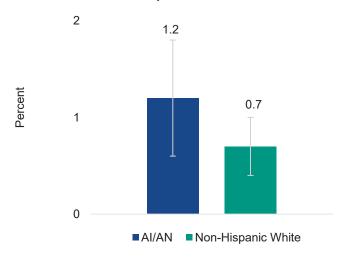
Source: National Vital Statistics, Birth Certificates, 2008-2012

Neonatal Intensive Care Unit Admission

Most babies admitted to the neonatal intensive care unit (NICU) are premature, have low birth weight, or have a medical condition that requires special care. In the U.S., nearly half a million babies are born preterm, and many of these babies also have low birth weights. Babies with medical conditions such as heart problems, infections, or birth defects are also cared for in the NICU.²⁸

Admission to the NICU for newborns in Pierre service areas was not significantly different among AI/AN newborns than NHW newborns (Figure 29). An estimated 1.2% of AI/AN newborns were admitted to the NICU compared to 0.7% NHW newborns.

Figure 29. Newborns Admitted to the NICU, Pierre Service Area, 2008-2012



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APPENDIX

Glossary of Terms

ACS – American Community Survey

Al/AN - American Indian / Alaska Native

IHS - Indian Health Service

MCH - Maternal and Child Health

NCHS - National Center for Health Statistics

NHW - Non-Hispanic White

NICU - Neonatal Intensive Care Unit

NVSS - National Vital Statistics System

SDUIH - South Dakota Urban Indian Health, Inc.

SNAP - Supplemental Nutrition Assistance Program, commonly referred to as Food Stamps

TEC - Tribal Epidemiology Center

UIHI - Urban Indian Health Institute, a division of the Seattle Indian Health Board

UIHP - Urban Indian Health Program

APPENDIX

About Us – Our Mission & History

The mission of UIHI is to support the health and well-being of urban Indian communities through information, scientific inquiry, and technology.

The UIHI was established as a Division of the Seattle Indian Health Board, a community health center for urban American Indians and Alaska Natives (Al/ANs). The UIHI is one of 12 tribal epidemiology centers (TECs) funded by the Indian Health Service (IHS). While the other 11 TECs work with tribes regionally, the UIHI focuses on the nationwide urban Al/AN population. As a crucial component of the health care resources for all Al/ANs, tribal epidemiology centers are responsible for:

- Managing public health information systems
- Investigating diseases of concern
- Managing disease prevention and control programs
- Communicating vital health information and resources
- Responding to public health emergencies
- Coordinating these activities with other public health authorities

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For general questions, please contact: info@uihi.org

UIHI distributes a Weekly Resource Email – if you would like to be included in our subscription to receive updates, you can email the address above.

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