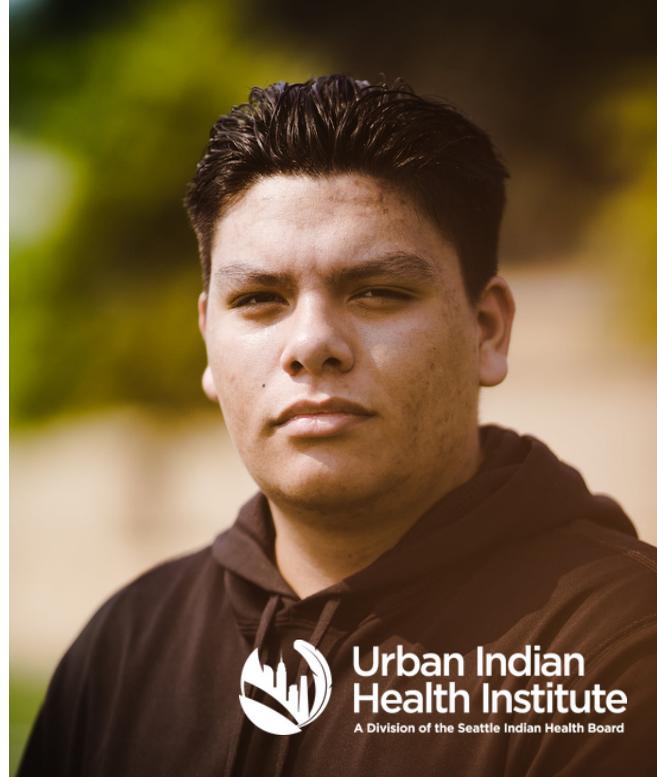


# URBAN INDIAN DICTIONARY



## #DECOLONIZEDDATA

At Urban Indian Health Institute, we are initiating the shift into decolonized data by introducing culturally-rigorous science, reclaiming indigenous values, and using our knowledge to bring health back into the urban Indian population.

Don't come to us because you think we have the most problems; come to us because we have the answers.



## URBAN INDIAN HEALTH INSTITUTE

Urban Indian Health Institute recognizes research, data, and evaluation as an indigenous value. We utilize the strengths of western science but remain grounded in indigenous values as we conduct research and evaluation, collect and analyze data, and provide disease surveillance. Our mission is to decolonize data, for indigenous people, by indigenous people.



## URBAN INDIANS

*(Ur-ban In-di-ans) /ərbən ɪndiənz/ n.*

1. tribal people currently living off federally-defined tribal lands in urban areas.

## DECOLONIZING DATA

*(De-col-o-nizing Da-ta) /decolonizing detə/ v.*

1. reclaiming the indigenous value of data collection, analysis, and research.
2. data for Native people, by Native people.
3. recognizes the inherent strength of indigenous people.

## HEALTH EQUITY

*(Health Eq-ui-ty) /hɛlθ ɛkwəti/ n. 1*

1. recognizes we have the answers to solve health disparities—they are carried in our stories, our land, and our DNA. Only when this knowledge is incorporated and valued will we begin to achieve health equity.

## INDIGENOUS METHODOLOGIES

*(In-dig-e-nous Meth-od-ol-o-gies) /ɪndɪʒənəs mɛθədələʒi/ n.*

1. kindness, compassion, love, gratitude, gifting and receiving, to creating with prayerful intent for the future generations.

## INDIGENOUS EPIDEMIOLOGY

*(In-di-ge-nous Ep-i-de-mi-ol-o-gy) /ɪndɪʒənəs ɛpədəmiələʒi/ n.*

1. applying traditional knowledge for a strengths-based analysis of indigenous data.
2. analyzing data with prayerful intent for the well-being of the people.

## INDIGENOUS RESEARCH

*(In-dig-e-nous Re-search) /ɪndɪʒənəs risərʃ/ n.*

1. a radical act of resistance against all that has oppressed us.
2. done for the love of the people.
3. recognizes we have always been scientists.

## CULTURAL RIGOR

*(Cul-tur-al Rig-or) /kəlʃərəl rɪgər/ n.*

1. being grounded in cultural knowledge and supplementing, when needed, with western science.
2. feet in the water, eyes on the land, telling your own story.

## RESILIENCE

*(Re-sil-i-ence) /rəzɪliəns/ v.*

1. more than surviving, it is thriving, continuing.
2. evolutionary practice of restoring culture, rebuilding beauty, and breaking down barriers.

## HISTORICAL HEALING

*(His-tor-i-cal Heal-ing) /hɪstɔrɪkəl hiɪɪŋ/ n.*

1. gathering the pieces broken by historical trauma and stitching them back together in bold, beautiful, intricate patterns of strength and resiliency.

