



Urban Indian Health Institute
A Division of the Seattle Indian Health Board

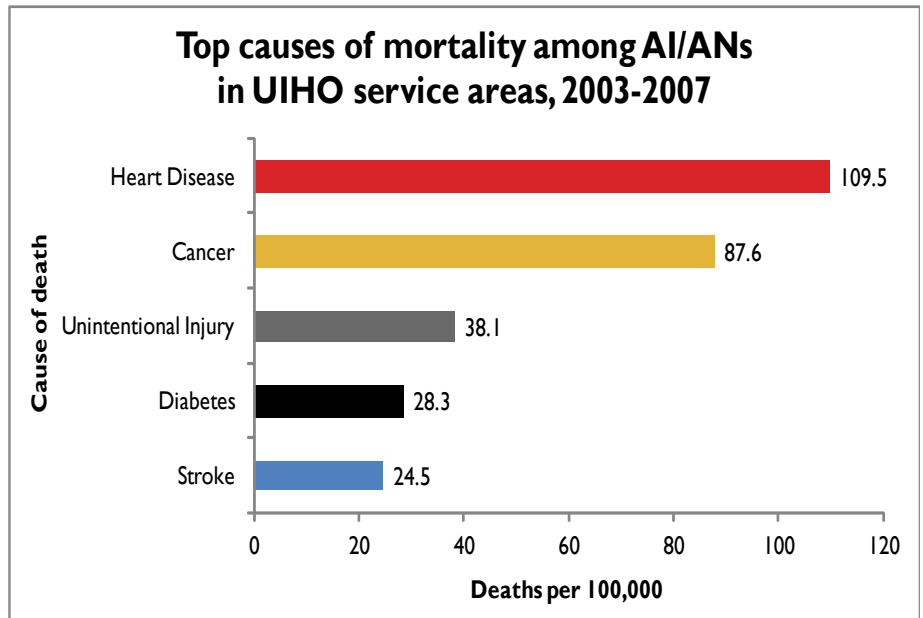
UIHI Communication Broadcast

February 2012

American Heart Month

This February, we join our partners nationwide in recognizing American Heart Month to call attention to the increasing burden of cardiovascular diseases (CVD) on urban American Indian and Alaska Native (AI/AN) communities. Cardiovascular disease refer to various conditions affecting the heart or blood vessels. Once rare among AI/ANs, cardiovascular diseases are now the leading causes of death for AI/ANs.

In 2011, the Urban Indian Health Institute released two reports on CVD services for AI/ANs. *Culture, Service and Success* presents the findings of a survey of Urban Indian Health Organizations (UIHOs), identifies common themes in successful programming and highlights the success stories of four UIHOs in their work to address CVD in urban AI/AN communities. *Progress Toward Health Equity* includes summaries of CVD programming for AI/ANs available in peer reviewed and open source literature as well as a discussion of programming elements that support success. It is our hope that sharing these approaches will support health care providers, policy makers and advocates in developing and supporting programs that reduce CVD among AI/AN.



Source: US Center for Health Statistics

To access the full reports, please visit the Health Equity Project page at:
<http://www.uihi.org/projects/health-equity/reports/>.

If you have any questions, please email info@uihi.org.

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