



# Urban Indian Health Institute

A Division of the Seattle Indian Health Board

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## VOLUNTEERING AND INTERNING AT THE UIHI

**For The Love of Native People**

[www.uihi.org](http://www.uihi.org)



## **UIHI Volunteer/Intern Program Goal**

The goal of the Urban Indian Health Institute (UIHI) Volunteer/Intern Program is to support and mentor students and emerging public health professionals, especially members of the American Indian and Alaska Native (AI/AN) community, who are interested in careers in public health. Through the Volunteer/Intern Program, the UIHI provides training in public health practice and career development opportunities for undergraduate and graduate level students as well as early career professionals. This Volunteer/Intern Program builds the capacity, diversity and cultural competency of the public health work force as an important step in the goal of eliminating health disparities and promoting health equity for AI/ANs.

## **Benefits of Volunteering**

- Exposure to learning opportunities focused in public health research and practice methods including epidemiology, health promotion/disease prevention and public health policy centered on the urban AI/AN population.
- Increased knowledge of the scope of urban Indian health issues and health disparities that impact the population.
- Development of foundational, practical and professional skills essential for the current work environment.
- Professional skills and experience for resumes and college or graduate degree applications.
- Development of professional networks that can open doors to other connections.
- Opportunities to collaborate on special public health practice and research projects focused on an underserved population for graduate level students and qualified early career professionals.

## Frequently Asked Questions:

### Who can volunteer?

All individuals over the age of 18 who are interested and want to make a difference regardless of education or experience may apply to volunteer. There are opportunities for volunteering at many levels of education (post high school/GED and during or post undergraduate, graduate or post doctoral degrees).

To ensure a high quality educational and mentorship experience as well as appropriate supervision, the UIHI is only able to accept a limited number of volunteers. The UIHI strives to support the professional development of members of the AI/AN community and those who desire to work with the AI/AN community.

### Will I be paid to volunteer?

Unfortunately, the UIHI is unable to provide monetary compensation to volunteers or interns. However, the UIHI will work with educational institutions or other agencies so that volunteers/interns can receive credit for their volunteer hours.



## How Do I Volunteer?

Please contact the UIHI to request a UIHI Volunteer/Intern Information Form and the Seattle Indian Health Board Volunteer Application Form. UIHI staff will review your application forms to determine if your interests and skills fit with a current UIHI project or available volunteer opportunities. If you have any questions before applying, please email us or contact us by phone.

Thank you for considering volunteering at the UIHI.

More information about our current volunteer and internship projects can be found on the [Get Involved webpage](#) of the UIHI website or by contacting us.



## About the UIHI

The mission of the UIHI is to support the health and well-being of urban Indian communities through information, scientific inquiry and technology. The UIHI was established as a division of the Seattle Indian Health Board to provide nationwide surveillance of the health status of urban AI/ANs. In addition, the UIHI engages in a variety of health promotion and disease prevention projects focused on priority urban Indian health topics and provides related technical assistance.

The UIHI serves the 33 independent, non-profit Urban Indian Health Organizations across the country that provide either direct or referral services to AI/ANs living in select urban counties.

### Contact Us

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