This e-mail is provided by the Urban Indian Health Institute, a division of the Seattle Indian Health Board. It contains opportunities for staff development, grant announcements and other relevant public health information. We hope you find these resources useful. If you have any questions about the information below, or you are unable to open any of the links, please contact info@uihi.org. If this e-mail was forwarded to you, you may sign up here.

Training

Native Fitness Week Training and Scholarship

The Native American Fitness Council (NAFC) will be hosting two Native Fitness Week Trainings in Flagstaff, AZ: Personal Trainer Certification and Medical Conditions & Exercise. The NAFC offers Fitness Instructor Certifications that train Natives to be fitness leaders in their communities.

Personal Trainer Certification
November 11-13, 2013

**Medical Conditions & Exercise Instructor**
November 13-15, 2013

Scholarship Deadline: **October 9, 2013**

Find more information about the Native Fitness Week Training online. Find more information about the scholarship by contacting john@nativeamericanfitnesscouncil.com.

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**Funding Opportunity**

**Notah Begay III Promising Program Grants**

The grant opportunity comes under NB3F’s "Native Strong: Healthy Kids, Healthy Futures" national program that addresses childhood obesity and type 2 diabetes in Native communities. The grants will be to partner with Native communities to strengthen existing youth-focused physical activity and/or healthy nutrition programs and build capacity for program evaluation.

Informational Webinar: **October 2, 2013** 11:00 a.m. (Mountain Time)
Application Deadline: **October 28, 2013**
Award Amount: Up to $40,000

Find more information about the Notah Begay III Promising Programs Grants online.

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**Resources**

**SAMHSA Integrating Behavioral Health and Primary Care for Children and Youth Report**

*Integrating Behavioral Health and Primary Care for Children and Youth: Concepts and Strategies*, a new resource from the SAMHSA-HRSA Center for Integrated Health Solutions, provides robust information on:

- Models of organizing service delivery for youth.
- Five core competencies of integrated care systems for children with behavioral health problems.
- Financing mechanisms that support integrated care systems for children with behavioral health problems.

Find the Integrating Behavioral Health and Primary Care for Children and Youth Report online.

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**Diagnostic and Statistical Manual of Mental Disorders (DSM-5) Resources**

In order to prepare organizations for the changes in the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5), the National Council for Behavioral Health (NCBH) is providing resources and training. Relias Learning, the NCBH's exclusive e-learning partner, is currently updating over 100 courses to reflect the new standards outlined in the DSM-5. In addition, the NCBH developed an overview webinar, "DSM-5
Changes: Clinical Overview & Business Implications," which is archived on the NCBH website.

More reports, resources and other information can be found on the UIHI website, www.uihi.org

Urban Indian Health Institute
Seattle Indian Health Board
PO Box 3364
Seattle, Washington 98114
(206) 812-3030