Resources and Opportunities

Provided by the Urban Indian Health Institute
A Division of the Seattle Indian Health Board

February 11, 2013

This e-mail is provided by the Urban Indian Health Institute, a division of the Seattle Indian Health Board. It contains opportunities for staff development, grant announcements and other relevant public health information. We hope you find these resources useful. If you have any questions about the information below, or you are unable to open any of the links, please contact info@uihi.org. If this e-mail was forwarded to you, you may sign up here.

Announcements

Supporting Wellness: Substance Abuse Services at Urban Indian Health Organizations

Last year we asked leadership at Urban Indian Health Organizations (UIHOs) to tell us what issues are most important in their communities. Substance abuse emerged as an area of critical importance to urban AI/AN communities across the country. Therefore, during year three of the Promoting Health Equity project, the Urban Indian Health Institute is focusing on researching and sharing promising practices to prevent and treat substance abuse.
Executive Directors and select staff at UIHOs should have recently received an email invitation to participate in a brief survey of substance abuse prevention and treatment services.

We recognize that some of the services available at UIHOs are reported through the Uniform Data System (UDS). However, much of the important work done, especially in prevention and support services, is not captured through the UDS.

A report with the results from this survey will be distributed this summer and provide an opportunity to share promising practices between UIHOs as well as highlight and advocate for the critical services UIHOs provide.

Please contact Julie Loughran at 206-812-3042 or juliel@uihi.org if you have any questions, concerns or would like to complete the survey over the phone.

Raise Awareness for Heart Disease in February for Heart Month 2013

In the combined UIHO service areas across the United States between 2003 and 2007, heart disease was the top cause of death for both American Indians and Alaska Natives (AI/ANs) and people of all races.¹

To raise awareness about the high rates of heart disease in the United States, the American Heart Association and the 2013 American Heart Month Presidential Proclamation designate February as American Heart Month. The Centers for Disease Control and Prevention (CDC) provides information resources on heart disease and its prevention. The CDC also offers an American Indian and Alaska Native Heart Disease and Stroke Fact Sheet.

Health educators can help address the epidemic of heart disease and cardiovascular disease among AI/ANs. The UIHI's Health Equity Project offers a variety of resources for health educators and clinicians on the Health Equity Project webpage. These resources include a Cardiovascular Disease Best Practices Overview for clinical and community-based cardiovascular disease prevention and management and the National Heart Lung and Blood Institute's (NHLBI) Heart Health Educator's Manual for American Indians and Heart Health Educator's Manual for Alaska Natives. The NHLBI also offers a variety of fact sheets for AI/ANs as part of their Keepers of Wisdom to Strengthen the Heart campaign. These factsheets include Treat Your Heart to a Healthy Celebration, Be Active for Your Heart, and Keep the harmony within you-check your blood pressure!.

We hope you will access and share these resources to help combat heart-disease related morbidity and mortality among AI/ANs.

¹ U.S. Center for Health Statistics.

Save the Date: 8th Annual National Urban Indian Health Conference

The Seattle Indian Health Board (SIHB) will be hosting the 8th Annual National Urban Indian Health Conference on July 9th and 10th in Seattle, WA. The theme of this year’s forum will focus on Preparing for Healthcare Reform.

More information about the National Urban Indian Health Conference can be found online.
Native American Service to Science Initiative

The Substance Abuse and Mental Health Services Administration (SAMHSA) announces its Native American Service to Science Initiative. Service to Science is a national initiative operated by SAMHSA's Center for the Application of Prevention Technologies and is dedicated to enhancing the evaluation capacity of innovative programs and practices that aim to prevent substance abuse and related mental and behavioral health problems or the underlying factors associated with increased risk.

This initiative offers face-to-face and electronic technical assistance (TA), designed to meet the specific evaluation needs and readiness of participating programs. Using a hands-on approach, experienced TA providers work one-on-one with participants, matching services provided to evolving program needs.

Application Deadline: **February 25, 2013**

Urban programs are eligible for this initiative. More information about the Native American Service to Science Initiative can be found online.

More reports, resources and other information can be found on the UIHI website, www.uihi.org

Urban Indian Health Institute
Seattle Indian Health Board
PO Box 3364
Seattle, Washington 98114
(206) 812-3030