



Resources and Opportunities

Provided by the Urban Indian Health Institute
A division of the Seattle Indian Health Board



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This e-mail is provided by the Urban Indian Health Institute, a division of the Seattle Indian Health Board. It contains opportunities for staff development, grant announcements and other relevant public health information. We hope you find these resources useful. If you have any questions about the information below, or you are unable to open any of the links, please contact info@uihi.org. If this e-mail was forwarded to you, you may sign up [here](#).

Health Alert

Flu Season is in Full Swing

We are in the middle of flu season and it is important to be aware that American Indians and Alaska Natives are at higher risk for influenza complications. Also at elevated risk are:

- Children aged <2 years; adults aged ≥ 65 years
- Residents of nursing homes and other chronic-care facilities
- Persons with certain chronic pulmonary, cardiovascular, renal, hepatic, hematological, metabolic or neurologic and neurodevelopment conditions

- Persons with immunosuppression
- Women who are pregnant or postpartum (within 2 weeks after delivery)
- Persons aged <19 years who are receiving long-term aspirin therapy
- American Indians/Alaska Natives
- Persons who are morbidly obese (BMI ≥40)

If you have not already been vaccinated, it is not too late. Please contact your medical provider for more information. The Centers for Disease Control and Prevention offers information for health professionals as a tool to help public health and healthcare professionals with key information about vaccination, infection control, prevention, treatment, and diagnosis of seasonal influenza. [Click here](#) for more information.

Announcement

The 2011 Community Health Profiles are Now Available

The UIHI is pleased to release [Community Health Profiles](#) for each Urban Indian Health Organization (UIHO) service area. These reports examine the health of American Indian/Alaska Natives (AI/AN) living in each of the 34 UIHO service areas using the most current data available from the 2010 U.S. Census, the American Community Survey (ACS), the Behavioral Risk Factor Surveillance System (BRFSS), the U.S. Center for Health Statistics and the Air Quality System Data Mart. The Community Health Profiles are intended to provide UIHO and other key stakeholders with a picture of the health of urban Indian people. The UIHI updates these reports every two years.

The UIHI welcomes input about this and other reports. If you have any comments, questions or other feedback, please contact Noa Kay, Project Coordinator, at 206-812-3041 or noak@uihi.org.

Grants

Video Challenge for 2012

The National Coordinator for Health Information Technology announced a Healthy New Year Video Challenge, highlighting personal stories of patients and families using health technology to improve health.

- Submissions accepted through **February 16**
- For more details and contest rules [click here](#)
- Prizes range from \$250 to \$2,000 for first place

Final Week to Nominate!

[UIHI 2012 Leadership in Data Use Award](#)

The Urban Indian Health Institute is accepting nominations for the 2012 Leadership in Data Use Award. The UIHI will recognize an employee or volunteer at an urban Indian health organization who has used data to engage in capacity building for their organization. Anyone can nominate an individual who fits the award criteria. There is no limit to the number of nominations from any one clinic. This is a great opportunity to recognize someone at your agency (staff, leadership, co-workers, or volunteers) for their innovative work.

- Recipient will receive \$2,000 to attend a training or conference for

professional development.

- Deadline for nominations is **January 27th, 2012**.
- For complete details and the nomination form [click here](#).

More reports, resources and other information can be found on the UIHI website, www.uihi.org

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