



OUTCOMES:

Engage women and families in screening and awareness events while providing a memorable keepsake.

KEYS TO SUCCESS:

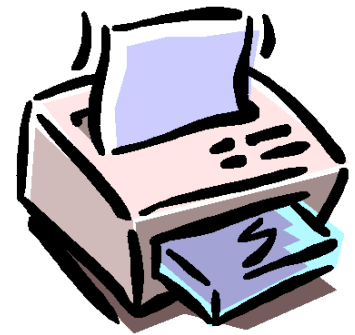
- Build trust with women in the community.
- Use network of women and word-of-mouth to inform each other about the program and need for regular screening.
- Involve Elders.
- Create a family keepsake.

FAMILY PHOTO SESSIONS

Hosting family photo sessions during Saturday screenings, other screening events, or community activities is a great activity for building trust, interactive participation, and honoring families. Photo sessions can include, Mothers and Daughters, Grandmothers and Granddaughters and entire families. One important factor to remember: Notify women early who are scheduled to be screened so they have adequate time to inform their families, arrange transportation, and dress up!

INGREDIENTS:

- Program/clinic permission forms for each person to fill out
- Sign-in sheet: this is helpful for grant reporting and internal tracking
- Short and simple feedback survey (if applicable)
- Color printer that prints photos: a mini printer that prints 4x6inch photos works well for this project
- Photo paper and plenty of ink cartridges
- Digital camera, cords, and memory chips A tripod will help!
- Picture frames: Purchase various colors and styles of frames and let families choose. Discount stores sell nice frames for a \$1.00 each.
- Photo shoots background: Pendleton blankets provide a nice background or you can use a draped sheet, mural, or wall.
- Provide cookies, coffee and refreshments as a way of saying “thank you” for visiting the event.
- Chairs for families to sit in while awaiting their turn or for Elders to rest in. It is extremely important that chairs be available for Elders.
- Several tables for color printer, picture frames, sign-in sheet, feedback survey, cookies, coffee, etc.



OUR FAMILIES GROW UP SO FAST! MOTHER/DAUGHTER PHOTOS CAPTURE A MOMENT IN TIME.

SPECIAL THANKS TO NARA WOMEN’S WELLNESS PROGRAM, PORTLAND OR, AND AMELIA MAINORD, PROGRAM DIRECTOR, FOR SHARING INFORMATION ON FAMILY PHOTO SESSIONS.

FUN PHOTOS, ALONG WITH MORE POSED PHOTOS CAN CREATE GREAT MEMORIES.



PREPARATION:

Step 1: Get the word out about the photo session with flyers or other notification.

Step 2: Set up your photo “stage” with a nice background and at least two chairs.

Step 3: Set up the camera to take photos. Set up your tripod, if available.

Step 4: Take a number of photos (2-3 of each family) then transfer the photos to the printer to start printing. Printing the photos will take more time than taking the photos. You might want to have the families pick out frames while they wait, or have them return to your table in a half hour to pick up their framed photo.

Step 5: Put photos in frames!

SHARING THE RESULTS:

Creating an opportunity to capture a mother/daughter or family portrait has been hugely successful at urban Indian and Tribal programs. Tied with the message of wellness and making sure we, as mothers, daughters, and aunties encourage each other to remember to get our annual exams often makes this project a success. Each time someone looks at the framed photo, hopefully they will remember the message of family support and encouraging each other to stay healthy.

IDEA: By thinking ahead and asking women for permission to use these precious photos for additional materials, the photos taken at the event could be used to create a fantastic collage of women and families served at your clinic. If you plan to do something like a collage poster, make sure to add that information and an “opt out” box on your permission form.



NARA's Women's Wellness Program coupled the family photo session with a mother/daughters honoring and luncheon. The event included a breast cancer awareness presentation by the local radiology clinic, traditional story telling, honoring and a great lunch. All women went home with the framed photo as a memento.

TIPS:

- As you hand each group their photo, you have an opportunity to hand out a reminder to get their annual exams - for themselves and their families.
- Take pictures of these events to include in your newsletters, reports and PowerPoints (with permissions).
- If you have free wall space in your agency, and have permission from those pictured, create a community collage of pictures.
- If you plan to use pictures to create a collage poster, make sure to add an ‘opt out’ box on your photo permission form.