



Urban Indian Health Institute Newsletter Fall 2010

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Mission:

The mission of the Urban Indian Health Institute is to support the health and well-being of Urban Indian communities through information, scientific inquiry, and technology.

www.uihi.org

From the Desk of Ralph Forquera...



As we approach the end of the first decade of the 21st century, we are faced with a challenging future. Many of you are facing budget cuts, program losses, and staff layoffs. At the same time, we are all being asked to focus our attention on the national health insurance reform and its implications for the future of health care in America. Regardless of whether you believe that health reform was a wise policy, the reality is that it is now law and therefore, it is incumbent on each of us to understand its implications for our communities.

We were fortunate to secure funding from the Robert Wood Johnson Foundation to host an urban Indian health summit now scheduled for January 13th in Washington D.C. On January 12th we have partnered with National Council of Urban Indian Health to provide training on the various aspects of reform prior to the summit. This training will provide the background needed to help take full advantage of the summit opportunity. Additionally, we plan to convene the Friday after the summit

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Urban Indian C.A.R.E.S. New Materials!



FEMALE - Screening Awareness POSTER



Colorectal Cancer Resources by State Factsheet

Additional Materials



Available

Male Screening Awareness POSTCARD



Female Screening Awareness POSTCARD

To access these materials,

to review what we have learned and start to create a "Call for Action" to assure that urban Indians are not left out of the reform benefits.

The pre-and post- summit events will be held at the Churchill Hotel near DuPont Circle. The summit itself will be held at the Capitol Visitor's Center. We hope that by holding the event near Capitol Hill we can attract key members of the Congress and their staff to the event. We also have a limited number of travel scholarships available to assure that at least one representative from each of the 32 urban Indian health organizations can attend the summit.

It is my view that the genie is out of the bottle and reforms will occur throughout the health care environment. To assure we are not left behind, it is vital we learn as much as we can about the reform efforts so that as opportunities arise we are properly positioned to take advantage of these programs for our communities.

I want to take this opportunity to thank the Robert Wood Johnson Foundation for their continued interest and support of the urban Indian health movement in the nation. Bring your issues, questions, concerns, and ideas to this special event. See you all in January.

Ralph



OMH Grant Announcement

The Seattle Indian Health Board's Urban Indian Health Institute is excited to announce our recently funded project, Promoting Health Equity for Urban American Indians and Alaska Natives.

Please join us!

URBAN INDIAN HEALTH SUMMIT

JANUARY 12-14, 2011 | Washington, DC

Please join the Seattle Indian Health Board's Urban Indian Health Institute in Washington, D.C. January 12-14, 2011 for the Urban Indian Health Summit.

Passage of the Patient Protection and Affordable Care Act marked two significant changes that will require urban Indian health organizations and those that partner with them to become informed, engaged and active in health care reform.

1) The law permanently reauthorizes the Indian Health Care Improvement Act, including authorization of Title V, making urban Indian a permanent part of the Indian Health Service for the first time.

2) It will transform the nature of the way direct medical care services are provided and how these services will be financed.

Join us for an exciting three days as we bring together urban Indian health organizations, policy makers, federal partners, community advocacy groups, private foundations, researchers and leaders in the field to address issues tied to the success of health care reform.

We look forward to seeing you there.

Ralph Foreman
Executive Director
Seattle Indian Health Board

RSVP

Pre-Summit
Wednesday
January 12, 2011
The Churchill Hotel
Examining how health care reform will affect the provision and financing of urban Indian medical care. Meet in person with our National Council of Urban Indian Health.

Urban Indian Health Summit
Thursday
January 13, 2011
U.S. Capitol Visitor Center
Discussing and presenting health care reform topics of interest affecting urban Indian health organizations. Presentation of films.

Post-Summit
Friday
January 14, 2011
The Churchill Hotel
Developing a "Call for Action" on health care reform for urban Indian health.

For questions, please call or email (202) 912-3020. <http://www.uohi.org>

For more information, visit <http://www.uohi.org/summit>



You are receiving this email because modifications of the passage of the Patient Protection and Affordable Care Act for urban Indian health is an important issue to you.

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[For more information click here](#)

please visit the
Urban Indian C.A.R.E.S.
Website

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The WEAVING Project
New Materials!



Survey of Breast and Cervical
Cancer Screening Services
for Urban American Indian
and Alaska Native Women:
Aggregate Report

Funded through the Office of Minority Health, this five year project will identify evidence-based health interventions around cardiovascular disease (CVD), depression, and a third community-selected area. The UIHI will collaborate directly with Urban Indian Health Organizations to increase clinic capacity and recognition of community-based models of care. This newly funded project builds upon much of the important work of the past 10 years in identifying health disparities.

Changes at UIHI

Staff Updates

These last few months have seen significant changes at the UIHI. Alice Park, Rachel Brucker, Annie Phare, and Jenny Serpa have moved on to continue to follow their passions and development as public health professionals. They have enriched the agency with their dedication over the years and we will miss them.

Guiding us through these changes is our new **Associate Director, Crystal Tetrick, MPH**. Crystal is known to many in urban Indian health and brings a wealth of experience and knowledge with her. She has previously worked as the Executive Director of the San Diego American Indian Health Center and the Associate Director for health care operations at the Seattle Indian Health Board. Assisting her will be our new **Lead Project**



Coordinator, Meghan Jernigan, MPH. Meghan has been with the UIHI for three years and we look forward to her and Crystal's leadership.

Employment opportunities are available at UIHI. To inquire about opportunities, please contact us at info@uihi.org or visit our [human resources page](#).

Diabetes Report

The UIHI recently released the 2009 Aggregate Urban Diabetes Care and Outcomes Audit Report. Using data from the 2005-2009 Indian Health Service (IHS) Diabetes Audit, this report uses Key Measures from IHS Best Practice Guidelines as a framework to examine the data reported from 31 urban Indian health organizations. Eight clinical best practices topics were examined, including Adult Weight Management, Chronic Kidney Disease, Clinical Exams, and Depression.

The number of participating facilities



**A Recipe Book: Outreach,
Recruitment, and Program
Development Strategies to
Support American Indian and
Alaska Native Women's
Wellness**



**Community Centered
Women's Health: Success
Stories from Three Urban
Indian Health Organizations**



**Urban American Indian and
Alaska Native Women
Screened Through the State
Programs of the CDC
National Breast and Cervical
Cancer Early Detection
Program (Aggregate)**

To access these materials
please visit:

**The
WEAVING Project**

increased each year between 2005 and 2009. In 2009, 31 facilities participated in the annual Diabetes Audit, representing over 3,600 urban American Indian/Alaska Native patients with diabetes nationwide. Some key findings include:

- In 2009, 60% of audited patients with diabetes received nutritional instruction from a Registered Dietitian or other provider.
- During the past 5 years, the percentage of audited patients with diabetes screened for depression increased from 31% to 68%.
- Over 90% of audited urban patients with diabetes each year were overweight or obese.
- 2009 Diabetes GPRA Targets related to A1c outcomes, LCL cholesterol, and controlled blood pressure were met by participating urban Indian health organizations combined.

All participating urban Indian health organizations also received a site-specific report in the spring. The UIHI welcomes input about these reports, and would value comments, questions, and other feedback about site-specific or aggregate diabetes reports.

Please contact us at 206-812-3030 or send comments to info@uihi.org. To access the full report, visit our website [reports page here](#).

Request for Success Stories for Colorectal Cancer Screening

The UIHI would like to invite urban Indian health organizations (UIHO) to share with us the strategies, tips and success stories that your programs use to successfully engage and bring patients in to receive life-saving colorectal cancer screening services. UIHI staff will work with you to document your success, so that this information can then be shared broadly with other UIHO.

To share strategies, tips and success stories, or if you have any questions, please contact: Jessie Folkman, Project Coordinator at jessief@uihi.org, (206) 812-3033.

H1N1 Final report released in August



The Seattle Indian Health Board's Urban Indian Health Institute (UIHI) and the

Website

Communication Broadcasts!

Did you know?

UIHI sends regular emails to our Communication Broadcast listserv!



Emails may be about new materials, announcements, and important information - check out our previous Communication Broadcasts on our website.

Join the Communication Broadcast Listserv [HERE!](#)

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Center for Multicultural Health, Public Health - Seattle & King County (PHSKC) recently partnered to evaluate H1N1 outreach among Seattle/King County's American Indian/Alaska Native (AI/AN) community. During June-July 2010, the UIHI hosted two community focus groups and conducted key informant interviews with AI/AN living in the Seattle/King County area. Issues of vaccine experience, knowledge of H1N1/Swine flu, and trusted/utilized communication channels were explored with participants.

While findings suggest participants had an awareness of the H1N1 outbreak and vaccine, several limitations in communicating urgent health information to urban AI/AN residents were identified. Moreover, participants reported limited virus and vaccine information at every level, from the most disease vulnerable to the healthy. The report provides a detailed analysis of key findings and emergent themes and outlines a set of practical recommendations for improved communication to urban AI/AN around urgent health issues.

To access the full report, please visit the [UIHI's Report Page](#).

Looking for information?

The UIHI provides Data Assistance

Information and your time are valuable commodities. Looking for relevant urban American Indian and Alaska Native data to support grants and the work of your organization can be a time consuming process. As a support to Urban Indian Health Organizations we provide data assistance as part of our technical assistance program. We specialize in finding small population data or providing aggregate data for your region, and can help you craft language to explain gaps in data.

For more information, please visit our new webpage "How to Request Data" located here:

<http://www.uihi.org/resources/how-to-request-data/>. You can also contact us at info@uihi.org or (206) 812-3030.

To better support our Urban Indian Health Organizations we have created Community Health Profiles with a snapshot of data from Urban Indian Health Organizations' communities. To view your [Community Health Profile visit here](#).

The Urban Indian Health Institute is offering a [free 1-day training](#) called, "Demystifying Data for Health Professionals". This is a training for staff and board members of urban Indian

health organizations who want to do more with available health data. This training will help participants gain a better understanding of public health data-sources, benefits and limitations, how to read and use scientific reports for their work, and how to use data for grant applications, program planning, evaluation, presentations, reports and advocacy.

Individual modules can also be used for shorter training periods or modified to meet specific needs. Please contact Shira Rutman at shirar@uihi.org for more information.

Funding Opportunity for Urban Indian Health Organizations

Community Gathering Award

The Seattle Indian Health Board's Urban Indian Health Institute (UIHI) is pleased to announce an opportunity for urban Indian health organizations (UIHO) to work with the UIHI to identify health priorities in their service area. The Community Gathering opportunity provides up to \$4,000 per site and is being supported by a grant through the Office of Minority Health. Projects are six months in length and community-based activities must be completed by June 30th 2011.

This Community Gathering opportunity is designed to assist communities in conducting pilot or preliminary work to enhance understanding of local health needs at UIHO. Sites are encouraged to submit proposals for one or more local community gatherings to discuss health priorities and assess the health needs of the local AI/AN population.

[For more details on the award and how to apply please click here...](#)

At a glance award information:

Dec 3, 2010:	Letter of Intent due
Dec 22, 2010:	Complete application due
\$4,000:	Max amount of award
June 30, 2011:	Activity completion date
July 31, 2011:	Final report due

For more information please contact [Meghan Jernigan](#).