

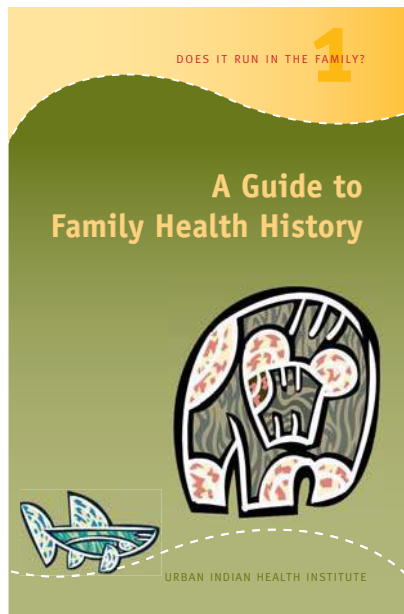


UIHI Communication Broadcast

JUNE DATA EDITION

Family Health History Guide Books Available

American Indians and Alaska Natives (AI/AN) have been sharing oral histories for centuries. This strong tradition of story telling provides an excellent opportunity for the communication of family health history. Diseases like diabetes, heart disease and cancer typically run in families, and knowing what you are predisposed to can help you understand health risks and assist you in making healthy lifestyle choices.



To encourage urban AI/AN families to collect and use family health history, the UIHI, in collaboration with Genetic Alliance, launched the Family Health History Project. Working with our community advisory board, project staff at the UIHI adapted a national family history tool for the urban AI/AN population. The tool is comprised of two guide books that assist in the collection of family health history and outline the relationship between genetics and disease risk.

The UIHI would like to encourage all of the urban Indian health organizations to distribute these books to interested clients and community members. Copies of the books will be mailed to each of the 34 urban Indian health organizations across the country on Wednesday, June 24th.

Additionally, you can download electronic copies of the guide books on the project page at <http://www.uihi.org/using-the-american-indian-and-alaska-native-oral-tradition-to-record-family-history/>

Book 1: Does it Run in the Family? A Guide to Family Health History

Book 2: Does it Run in the Family? A Guide for Understanding Genetics & Health

If you would like to request additional information or have any questions, please contact:

Meghan Jernigan, MPH ~ Project Coordinator
meghanj@uihi.org ~ (206) 812-3038

Please email info@uihi.org.

Urban Indian Health Institute P.O. Box 3364, Seattle, WA 98114 p: (206) 812-3030 www.uihi.org

